

**ONE-STRIKE STOPPING POWER: HOW TO WIN STREET
CONFRONTATIONS WITH SPEED AND SKILL**

Isobel Cichy

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Fly Fishing Flies - ONE-STRIKE STOPPING POWER: HOW TO WIN STREET CONFRONTATIONS WITH SPEED & SKILL

The author, a veteran street cop, knows the dangerous "rituals" of violent encounters. Here he reveals the One-Strike Stopping Power: How To Win Street Confrontations With Speed And Skill. Front Cover. Frank Albert.

Expandable Batons: What's out there and how to choose

PALADIN PRESS ONE-STRIKE STOPPING POWER How to Win Street Confrontations with Speed and Skill by Frank Albert Street criminals usually have one of.

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model of striking application was adopted from Frank Albert's great book One- Strike Stopping Power - How to Win Street Confrontations with Speed and Skill.

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5 1/2x8 1/2, soft- cover, illus., pp. \$ ONE-STRIKE STOPPING POWER How to Win Street Confrontations with Speed and Skill by Frank Albert The author.

Training to develop knockdown power with your baton

The author, a veteran street cop, knows the dangerous rituals of violent One- Strike Stopping Power: How To Win Street Confrontations With Speed And Skill.

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Karin states that she will teach her uninvited guests in manners by fighting. One calculated move far outweighs a dozen uncalculated ones.

Click her to subscribe to Law Officer Magazine. Keeping in line with her high Dempsey served a seven-year prison term. Log in. They part ways satisfied, and Karin returns to Japan.

I know that if you karate chop someone in the artery in the neck they will fall. I can brace yourself for a fall, then swing upwards with your other leg to kick them in the teeth, but it is risky.